



JUNE 20-25, 2010

FEATURING

DENNIS KLOCEK

WITH PATRICIA DICKSON  
AND VINCENT MCELROEN

A COLLABORATION BETWEEN  
THE COROS INSTITUTE AND  
RUDOLF STEINER COLLEGE  
9200 FAIR OAKS BVLD, FAIR OAKS, CA

# Health *through* Consciousness: Esoteric Physiology

THE HEALTH GIVING EFFECT of a daily meditative body scan, called in some traditions the inward smile meditation, has been known for centuries. This meditative exercise will play a core role in this weeklong imaginative exploration of the embryology, physiology and esoteric symbolism of the major systems and organs of the human body. The lecture themes will trace the path of the blood from the marrow of the limb bones through the various life organs and ultimately into the head. The evolution of the organs and systems will be presented from the point of view of both physiology and the symbolic or alchemical perspective. As an aid to the visualization process each new motif in the exercise will be accompanied by the appropriate eurhythmy vowels and consonants used for healing and integration of the organ system in the body.

**Topics include:** Old Saturn as a model for embryogenesis; the fall of man and the role of the senses; the polarity of blood and nerve; the four life organs; the blood tablet; digestion and soul processes; soul breathing; glands and the life body; anatomy and evolution of the brain; the system of the chakras; and the fundamental issues of healing.

Afternoon artistic sessions will include embryological studies in clay with Patricia Dickson as well as eurhythmy exercises with Vincent McElroen. There will be evening lectures on Bach's Art of the Fugue as the basis for a protective meditative mantra technique, and rhythmic motifs from morphology, as well as an evening for social meet-up and sharing of research questions.



**Dennis Klocek**, founder of the Coros Institute, is the Director of the Consciousness Studies Program, a study of alchemy and transformation, at Rudolf Steiner College. Author of six books including *Seeking Spirit Vision* and *The Seer's Handbook*. Also known for his weather predictions and articles on climatology, see [docweather.com](http://docweather.com).

**HOUSING & MEALS:** Available through [www.steinercollege.edu](http://www.steinercollege.edu) > **Registration:** Summer Session. Housing info: [housing@steinercollege.edu](mailto:housing@steinercollege.edu). Meals info: [conferenceregistration@steinercollege.edu](mailto:conferenceregistration@steinercollege.edu)

**SCHEDULE:** Sunday: 7:15 pm opening session; Monday-Thursday: 9:30 am-8:45 pm; Friday: 9:30 am-5:30 pm.



**Coros Institute**  
Distilling the dew of the heart.

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Register Online at [www.corosinstitute.org](http://www.corosinstitute.org)

## REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**CONFERENCE FEE:** \$575 (Limited Scholarship Funds Available please email: [info@corosinstitute.org](mailto:info@corosinstitute.org))

Amount Enclosed \$ \_\_\_\_\_

I would like a receipt.

Please make checks payable to Coros Institute and mail to: Coros Institute, 9200 Fair Oaks Blvd., Fair Oaks, CA 95628